



Helpful Information About Swim Lessons



First Day Expectations

1. When you arrive at the Y, check in at the front desk before proceeding to the locker rooms.
2. Please make sure that your child is dressed, showered, and ready to enter the water at least five minutes before their class start times.
3. The swim instructor will evaluate your child's swimming ability and talk to you if your child needs to move up or down a level.

During Swim Lessons

Please make sure your child showers and goes to the restroom before every class to help keep our pool properly maintained.

We encourage parents to get to know their child's instructors. If you have any specific questions about your child's abilities, your instructor will be glad to talk with you.

Viewing Swimming Lessons

All parents are encouraged to watch the swim lessons. You may sit on the benches on the pool deck. If your presence distracts your child, the instructor may ask you to wait outside the pool area to maximize your child's learning process.

Progress Reports

Each swimmer receives a progress report during the last lesson. It will give you information on what your child has accomplished in their session. Skills are also evaluated periodically throughout the session. We do now have a final test day.

Substitute Instructors

We do our best to keep one person consistent as your child's instructor. But at times, instructors will need to miss a class and there will be a substitute instructor.

Swim Diapers

- Children who are not potty trained must wear a swim diaper, plus a swim suit.
- Diaper changing in the pool area is prohibited. Please use locker rooms.

Level Progression

Children progress at their own speed. It is common for a swimmer to remain at the same level for a complete year of classes, even with perfect attendance. A child's self esteem and confidence, as well as skill and strength development are all important aspects in determining progression to the next level.

Our instructors will provide parents with an Aquatic Registration Information Form at the conclusion of week five of lessons. This form will contain session dates, registration dates as well as each child's next recommended level. These forms can be presented to the welcome center to assist with the registration process.

Aquatics Class Make-up and Cancellation Policy

Group Swim Lessons

- Refunds/make-ups will not be issued for missed classes.
- Credits will be issued if half of the current session is missed due to illness. A doctor's note, verifying dates unable to attend, must accompany the request.

Private Swim Lessons

- One make up lesson will be allowed during each session based on the instructor's availability. Lesson must be made up during the current session.
- Credits will be issued if half of the current session is missed due to illness. A doctor's note, verifying dates unable to attend, must accompany the request.

Unforeseen Pool Closing

Make-up lessons will be offered for weather, maintenance, and emergency related closings. The Aquatics Department will provide a schedule to parents with dates and times for make-up classes. Credits will not be issued if you do not attend the make-up class.